8 Gifts That Do Not Cost a Cent



1. **THE GIFT OF LISTENING...**  
   But you must REALLY listen. No interrupting, no daydreaming, no planning your response. Just listening.
2. **THE GIFT OF AFFECTION...**  
   Be generous with appropriate hugs, kisses, pats on the back and holds. Let these small actions demonstrate the love you have for family and friends.
3. **THE GIFT OF LAUGHTER...**  
   Clip cartoons. Share articles and funny stories. Your gift will say, "I love to laugh with you."
4. **THE GIFT OF A WRITTEN NOTE...**  
   It can be a simple "Thanks for the help" note or a full sonnet. A brief, handwritten note may be remembered for a lifetime, and may even change a life.
5. **THE GIFT OF A COMPLIMENT...**  
   A simple and sincere, "You look great in red," "You did a super job" or "That was a wonderful meal" can make someone's day.
6. **THE GIFT OF A FAVOR...**  
   Every day, go out of your way to do something kind.
7. **THE GIFT OF SOLITUDE...**  
   There are times when we want nothing better than to be left alone. Be sensitive to those times and give the gift of solitude to others.
8. **THE GIFT OF A CHEERFUL DISPOSITION...**  
   The easiest way to feel good is to extend a kind word to someone, really it's not that hard to say, Hello or Thank You.